UAB Exchange 2014

Exchange Date: 2014/9/8~2014/11/8

Visiting student 醫學七 陳亭安 Tina Chen



Knowledge that will change your world

University of Alabama at Birmingham (UAB)

- Part of University of Alabama system (Tuscaloosa, Huntsville)
- Founded in 1936
 - Department of Medicine, Dentistry, Nursing, Health Professions,
 Optometry, Public Health, Arts and Sciences, Business, Engineering,
 Education, Graduate School



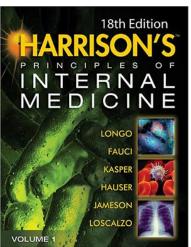
Knowledge that will change your world

UAB Hospital

- Founded in 1945, part of **UAB Health System**
- One of the largest academic medical centers in the US
- Major tertiary care center of Alabama
- Level I trauma center of Alabama
- Beds: 908, serving approximately 35,000 patients annually.
- UAB Highlands, Kirklin Clinic, Callahan Eye Foundation Hospital, Viva Health, Medical West, Baptist Health of Montgomery, UAB Health Centers

Dr. Tinsley Randolph Harrison, M.D.

- March 18, 1900 August 4, 1978
- US physician
- Dean and chairman of the Department of Medicine of UAB
- Editor of the first five editions of Harrison's Principles of Internal Medicine



Life in Birmingham

- NOT United Kingdom!
- The Magic City → The Tragic City
- Civil Right Movement (1955)



Life at UAB

- Clinical Pulmonary- 2 weeks
- Radiology- 4 weeks
- Trauma and Burns- 2 weeks

 Noon conference, Case-based conference, Journal reading, Disease introduction



Clinical Pulmonary

- Consultation team
- Pre-round with residents (07:00)
- Rounds with attending- Dr. Kevin Leon
- Bronchoscopy, lung cancer survey, pneumonia, occupational exposure diseases

Patient presentation, assessment and plan



Radiology

- Diagnostic Image Radiology(DR)-
 - Body parts, scan, inpatient or OPD
 - Head and Neck CT, Head MRI, Neck US, Chest CT, Chest Radiography, Abdomen CT, Abdomen Plain Graph, Nuclear Medicine, GU/GI, etc.
- Interventional Radiology(IR)-
 - TACE, TAE, UAE, CVC insertion, etc.
- Pre-test, post-test, case presentation



Trauma and Burns

- "YOU are crazy!" "Very intense."
 - Go in at 05:00 → pre-round, patient follow up
 - Morning conference at 07:00 → review all new p't and one-liner for all p't
 - Morning report → rounds
- TBICU, TBNICU, ATCU, Burn Unit, Trauma Bay (GSW, MVC, etc.)
- Notes, procedure, trauma bay (ATLS)



Real life in Birmingham

- Super f***ing boring......
- Go home at around 16:00~17:00
- Studying, reading, cooking
- Recreation Center of UAB (\$40 USD/month)
- Social life
- Association of Taiwanese in Birmingham



Application

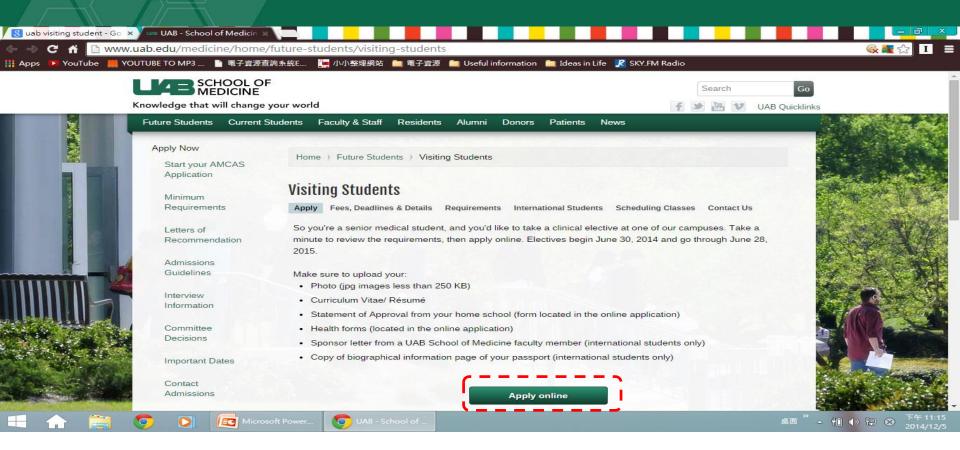
- 記得向系辦報名!!!!!!!!!!!
- TOEFL→ minimum IBT 100, speaking minimum 22
- Health form
- Photo
- Curriculum Vitae/ Résumé
- Statement of Approval from your home school Dean
- Copy of passport



Application

- TOEFL score → minimum: IBT 100 (Speaking: 22)
 - 可截圖上傳
- Health form
 - print out online forms → 家醫科 *陳俊傑* 醫師
 - Upload to web
 - Chest radiograph → UAB 複檢 再上傳
- Sponsor letter from a UAB School of Medicine faculty member
 → affiliated university not required.





UAB home page → school of medicine → future students → visiting student



Types of Special Applications			
Program Type	Current Year	Open Date	Close Date
Advanced Standing/Oral Surgery Resident	2015	7/1/2014	2/1/2015
Advanced Standing/Transfer	2014	1/1/2014	4/1/2014
Non-UAB International Student	2014	4/1/2014	3/1/2015
Non-UAB LCME/Osteopathic Student	2014	4/1/2014	3/1/2015
Pre-Med 1st STEP	2015	12/1/2014	1/2/2015
Rural	2015	1/1/2014	3/21/2014
SHEP	2015	12/1/2014	3/1/2015



First Time Visitor?

To which program are you applying?

Non-UAB International Student
Select Value
Advanced Standing/Oral Surgery Resident
SHEP
Pre-Med 1st STEP
Non-UAB LCME/Osteopathic Student
Non-UAB International Student

Non-UAB international students 4/1 始申請帳號



Special Programs Application

Logoff

Special Application Homepage for the 2014 Application Year

Welcome to the UASOM Special Programs Application Homepage. From this site you may begin your Non-UAB International Student Application.

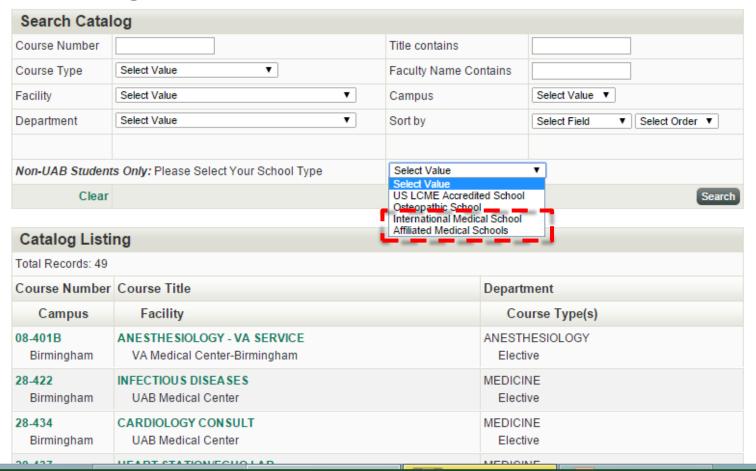
To begin filling in your application click the 'Biographical Information/Address' link below. There are a number of forms that need to be completed and then uploaded into the application. Links to those forms are available in the right hand column 'Important Links'. Please print these out and begin completing those as soon as possible. Once complete, scan them into your computer and upload them into the special application by choosing the corresponding link in the left hand column. After you have entered the required information, that page will be marked as complete. The Health Compliance Documentation and UAB Sponsor Letter will be marked by the Visiting Student Program Manager. Once all your pages are marked as complete you can submit your application by clicking the link FINALIZE YOUR APPLICATION.

Pages of Special Application	
Page	Complete
Biographical Information / Address	*
Upload Photo	*
Curriculum Vitae / Resume	*
Statement of Approval	*
TOEFL Score or Waiver Documentation	*
Biographical Information Page of Passport	*
Health Compliance Documentation	*
Confidentiality Agreement	✓
FINALIZE YOUR APPLICATION	

	Important Links	
	See Course Catalog	
L	Drop/Add Courses 単選課 6/1始	
	Statement of Approval by Dean of Students or Designee	
	FREE UAB Malpractice Insurance Coverage	
	Official Letter of Extramural Assignments	

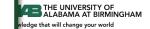


Course Catalog



Course Catalog

Department	ANESTHESIOLOGY	Campus	Birmingham
Course Type(s)	Elective	Facility	VA Medical Center-Birmingham
Course Director	MARY WHITLEY, MD	Enrollment Limit	2
Contact	KIM D HARRIS	Enrollment Minimum	1
Email	kimhth@uab.edu	Address	Birmingham, AL
Phone	(205) 934-6525	Fax	
Weeks Normally Offered See Offering Dates	33, 32-35, 34-35, 36-37, 36-3	39, 38-39, 40-41, 40-43, 42-43, 45-4	21, 20-21, 22-23, 22-25, 24-25, 28-29, 28-31, 30-31, 32- 46, 45-48, 47-48, 49-50, 49-52, 51-52
Prerequisites	MUST HAVE COMPLETED THE MEDICINE AND SURGERY CLERKSHIPS PRIOR TO ENROLLING IN THIS COURSE. Internal Medicine, Surgery		
Visiting Students	Accepts students from US LCME accredited schools. Accepts students from non-LCME accredited schools with a TOEFL Score. Accepts students from Osteopathic Schools. Course Contact will provide details about approvals for this course		
Course Description	Each student will be assigned areas of patient care under the reasonable degree of proficient endotracheal intubation and be regional anesthetic techniques student will learn the fundame only allowed to miss 2 days duthey must get prior approval for the student will be a significant to the student will be a significant to the significant to the student will be a significant to the significa	to an anesthesia resident for the du ne continuous supervision of this resi ncy in technical skills should be acqu pronchoscopy. There will be opportu s. The essentials of sedative, analge entals of cardio respiratory monitorin uring this 4 week rotation. If a studen	r the student who is considering a career in Anesthesiologoration of the rotation. The student will participate in all dent and their assigned attending. During the rotation, a irred including airway management, mask ventilation, nities for observed and performing invasive monitoring an esic and anesthetic pharmacology will be taught. The grand the principles of mechanical ventilation. Students are anticipates missing more than 2 days during this rotation is student director. If prior approval is not obtained, the



Contact program coordinator

- Ms. Theresa J. Millender
- Email: theresal@uab.edu
- Phone: 205-934-2332

Manually input course selection



Special Programs Application

Logoff

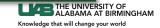
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Pages of Special Application	
Page	Complete
Biographical Information / Address	*
Upload Photo	*
Curriculum Vitae / Resume	*
Statement of Approval	*
TOEFL Score or Waiver Documentation	*
Biographical Information Page of Passport	*
Health Compliance Documentation	*
Confidentiality Agreement	4
FINALIZE YOUR APPLICATION	

Important Links
See Course Catalog
Drop/Add Courses
Statement of Approval by Dean of Students or Designee
FREE UAB Malpractice Insurance Coverage
Official Letter of Extramural Assignments



Every little things...

- Find accommodation → student housing
- Book plane ticket → International flight, domestic flight
- Birmingham-Shuttlesworth International Airport
- NOT Birmingham, United Kingdom!
- Airport pickup

Contact Dr. Chen → student housing, daily life supply



Contact information

- 陳郁瑛 醫師 Dr. Yuying Chen, MD, PhD
 - Associate Professor & Director of National Spinal Cord Injury Statistical Center, University of Alabama Birmingham
 - Phone: +1-205-934-3329
 - Email: yuyingchen@uabmc.edu

What this experience meant to me

- American health system
- Medical school program difference
- Practice language
- Meet people and make friends!
- Privilege of traveling to see the outside world!

What this experience brought to me

- 夢想不是用想的
- 離開舒適圈,對自己的考驗
- 尋求解決問題的能力和方法
- 珍惜
- 感激感恩感謝的心
- 謙卑的態度





TOEFL

- Minimum IBT 100, speaking minimum 22
- Reading, listening, speaking, writing 聽說讀寫
- 提早準備!
- 多蒐集資訊 (TOEFL web, ptt, FB)
- 提早報名,選考場
- 確實測試麥克風和器材,當場反應
- 一定要帶護照!護照!護照!



TOEFL

- 不要遲到!
- 讀聽 **→** 中場休息 10 minutes **→** 說寫
- Refreshments: chocolate, water, tea, etc.

• 護照!!!



VISA

- UAB only provide B1 (Visitor's Visa) for less than 3 months visitors.
- 台美免簽
- AIT application
- 限用晶片護照

Insurance

 UAB provides malpractice insurance for all employees/ visiting scholars, students.

- Traveler's insurance 旅遊平安保險→各保險公司都有
- 校內學生平安保險

Housing

- Student housing → Blazer Hall,
- \$800~900 USD/month → closer, security doors
- Apartment \$350~550 USD/month → farther, safety issues

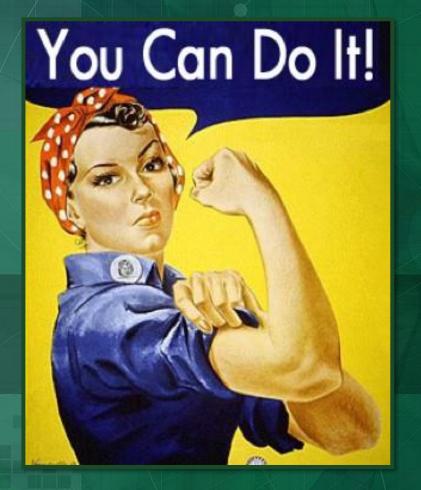
- Subletting with others
- Contact Dr. Chen



Contact ME

- 9701085 陳亭安
- Facebook: Tina Chen 陳兵兵 (不是"陳亭安")
- tina5229@hotmail.com
- *0911-672-299*





American wartime propaganda poster produced by J. Howard Miller in 1943